

## A Prayer For Stressful Times

Ever present God, we come to you seeking your will for us and for the world at this difficult and stressful time. We thank you and praise you for your Word that speaks to us and lifts us up; your faithful Word that delivers us so we will not fear the terrors of the night, nor the arrow that flies by day, nor the pestilence that stalks in darkness, nor the destruction that wastes at noon day.

In the turmoil of these hard times, we draw strength and comfort from words given to us by the inspired prophets of old, assuring us that in your steadfast goodness we can mount up with wings like eagles: we can run and not be weary, we can walk and not faint. And we are reminded of words delivered to us by the inspired psalmists of old assuring us of your strengthening presence and very present help even when the earth should change, and mountains shake in the midst of the sea, and its waters roar and foam, even when nations rage and kingdoms totter.

In this painful time of viral illness and loss of life, help us not to forget the greater power that is always present to us. You, O God, have not lost your ancient power, nor do you ever forsake us in our hour of need. We call on you, O God, our refuge and our strength, the God and Father of our Lord Jesus Christ, the God and Maker of us all, the God and Maker of a world of goodness that has no end.

Inspired by Ralph McInnes  
Member of our church