



October 2021

Trinity Connected

Vaccination Policy - Keeping Us All Safe

By Sheila Anthony

On October 5, 2021, a motion was passed by Stewards and Session requiring all persons 12+ years of age who enter the sanctuary and other spaces within the church provide proof of double COVID-19 vaccination. When you enter the building, you will be asked for your Proof of Vaccination, identification, or Exemption. Please note that once this information is recorded, you will not be asked again. If you are bringing a guest to the church, please ensure they provide this information also.

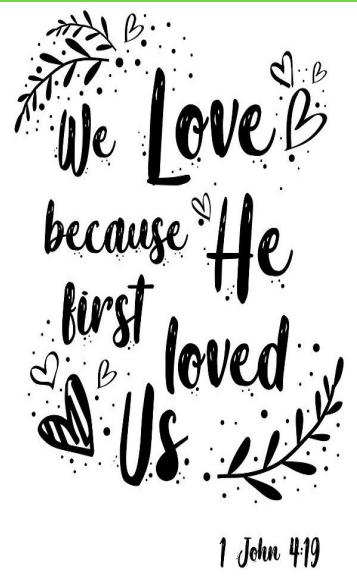
Our policy is not intended to exclude anyone from participating in worship services. The upper hall is still available for those who wish to watch the service. Our services are also available on-line through our website.

In addition, our renters and other groups who use the church have been informed of our policies. As per an update sent to these groups “ You are responsible for ensuring those in attendance of your event or meeting adhere to all Province of Ontario regulations, and have shown proof of vaccination, a valid vaccination exemption, or a negative COVID-19 test result within the last 48 hours.”

As the pandemic situation in Ontario continues to evolve and change, our policies may also have to be updated. For now, we do this to keep all of us safe! If you have any concerns or questions, please do not hesitate to contact one of the Ministry Team (Rev. Catherine Oxenford-Grant, Rev. Ian Mackay, or Sheila Anthony).

Blessings to you all,

The Ministry team.



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Bible Study for October

By Rev. Catherine Oxenford-Grant

Scripture: **1 Tim 2:4-6** – Theme: Freedom from Oppression & Tension

We don't often talk about the Pastoral Letters of Timothy or Titus or have them to study, so here we go.

We all struggle with past hurts and often our minds and bodies are in a state of inner tension and stress. Some of us are battling addiction, disease, loneliness or grief, to name just a few examples. There are many thought patterns and behaviors that keep us from feeling totally free and at peace. These circumstances are addressed in the Pastoral Letters of **1, 2 Timothy and Titus**.

Background: Early tradition and the greetings of the Pastoral Letters (**1, 2 Timothy; Titus**) lead us to believe that Paul is the author. Paul had already instructed one of his closest associates, Timothy, to care for the church at Ephesus while he, Paul, went to Macedonia. Paul didn't believe that he would return to Ephesus soon so he wrote these two letters to Timothy with instructions concerning the care of the churches. These letters were, no doubt, intended to be read to the whole church in Ephesus. The time frame for these letters is about AD 64, when Nero was emperor of Rome.



The New International version of **1 Timothy 2:6** says that Jesus “*gave himself as a ransom for all people.*” The Greek word for ransom is **antilytron** which means a purchase price for liberation from oppression. All of us have probably felt overwhelmed at some time or another in our lives. Life can be hard and many of us have experienced circumstances, particularly during these past 18 months of the Covid-19 pandemic, that have resulted in us feeling burdened, abused, exhausted, angry, or that somehow we've been taken advantage of. If we feel this way over a long period of time, it can't help but affect our emotional, spiritual and physical health. So how can we move past this oppressed state?

Purpose: Paul's letter to Timothy says that God has provided a way. God can free us from anything that keeps us from experiencing a whole and healthy life. God loves us so much that Jesus was sent to save us from ourselves, our sins and our weaknesses. This salvation means that all can live in God's abundant and eternal life.

Context: The major problem in the Ephesian church was a **heresy** (contrary opinion) that combined several practices directly opposed to Christianity. This letter tells the Ephesians that prayers should be offered for all people, that all “*may live peaceful and quiet lives in godliness and holiness.*” [1 Tim 2: 2b] The letter continues... “*For there is one God and one mediator between God and mankind, the man Christ Jesus, who gave himself as a ransom for all people.*” [1 Tim 2: 5]

Lesson: God has done the hard part. The part of believers is to believe deep in our hearts. We then claim the truth and follow the light that is Jesus Christ. Dark energies, sometimes referred to as Satan, or the ‘evil one’, would like us to hold on to these past hurts and thoughts while keeping this oppressed state of mind. This doesn't help any of us and indeed, it keeps us from feeling free. That's not the way it has to be and it's not what God wants. “*God...wants all people to be saved and come to a knowledge of the truth.*” [1 Tim 2: 4] John's gospel says “*Then you will know the truth, and the truth will set you free.*” (John 8: 32) The theme running through both these Pastoral Letters and all four Gospels is that belief in a Redeemer and Sustainer, Jesus and the Holy Spirit working in our lives, cannot help but free us from oppression.



Be joyful always; pray continually; give thanks in all circumstances, for this is God's will for you in Christ Jesus.

- 1 Thessalonians 5:16-18 -

Church Finances

Our Local Expense givings for the month of September was \$7,853.50. Our expenses for the same period was \$12,262.49 leaving us with a shortfall for the month of \$4,408.99 This leaves us with a deficit of \$18,110.38 in this fund.

Mission and Service givings to the end of September were \$5,881.00.

We welcome all donations either by cheque or by Etransfer to don@donaldcoleman.com. We express thanks to all who have continued to support us either through PAR other donations.



A Prayer for Broken Dreams

Written by Rev. Catherine

Gracious and Holy One, help me to repaint
the landscape of my life in light.

Mix me warm colors to replace the dark.

Remind me gently, as I feel quite fragile
that all is not lost.

There will always be a sun behind the clouds
and whether I see it or not, your love remains
and that is a blessing I can count at all times.



OUR BIRTHDAYS

Wishing everyone who celebrated
a birthday in **September**, and who celebrates in **October**
a very happy birthday!

Happy birthday to you, happy birthday to you.
May God's richest blessings fall upon you!

Hilda Warren
Ed Asselstine

September 6th
September 25th

Jane Mackay

October 8th

Keep Your Newsletters!!

By Linda Brown

Our newsletter is glossy, colourful and provides us with lots of information about life and the workings of our church community. Of special note are the profiles of various folk who are or have been in attendance at Trinity. We hope you have learned a thing or two that you didn't know before, about someone who may be sitting in the pew behind or in front of you. Early in the year 2022 we are going to challenge your memory in a little quiz based on these monthly profiles.

So hang onto your newsletters and reread them carefully. Watch this space for more information in 2022.
Spoiler Alert – there will be a prize!

From the pen of the poet, John Keats

Submitted by Rev. Catherine

To Autumn...

Season of mists and mellow fruitfulness,
Close bosom-friend of the maturing sun,
Conspiring with him how to load and bless
With fruit the vines that round the thatch-eaves run;
To bend with apples the mossed cottage-trees,
And fill all fruit with ripeness to the core;
To swell the gourd, and plump the hazel shells
With a sweet kernel; to set budding more,
And still more, later flowers for the bees...



SFCS Foodbank Needs

Food donation items that we are in need of currently include:

- Hamburger Helper
- Packaged Rice
- Kraft Dinner
- Canned Fruit
- Canned Vegetables
- Toilet Paper
- Laundry Soap
- Jams and Spreads
- Pasta Sauce
- Cheese
- Coffee and Tea
- Salad Dressing



There will be a Fall Vendor event **on Saturday October. 23rd from 10:00 – 2:00 at the Henderson UCW Hall-** in aid of the Henderson United Church Women (UCW) and the Henderson United Church. Approx 15 vendors, grab and go lunch to purchase, draw table, baking, and lots of fun. Covid protocols apply. Partially held outside and inside. **Rain date Sunday. October 24th - same time.** For more information please contact Angie Deline 613-876-9712.

One Year Anniversary of Trinity Connected

By Rebecca Peters

It is hard to believe a whole year has passed since the Committees of the Stewards and Session took a vote to have a church newsletter produced to inform the congregation know of the status of church opening, the weekly online church services, as well as the monthly financials and other business that takes place during the month. It was suggested in the minutes that “We should bring out a more ‘newsy’ newsletter before Christmas to keep tabs on members of the church family and their goings on.”

With the help of many, this newsletter has been a very welcome form of church communication during these ever-changing Covid times. It most definitely has improved within a years time and is now jam-packed with church information as well as scripture, wonderful biographies about church members, community events, poems, prayers, recipes, and more.

Thank you to all who faithfully submit articles and suggestions every month: Linda Brown for her biographies, Rev. Catherine for her bible studies, poems, artwork, and scriptures; Sheila Anthony for her scriptures and dedication to proof reading; Don Coleman for the church financials; and to everyone else whom I may have forgotten to mention for all the wonderful submissions. Without your submissions, this newsletter would not be as enjoyable as it is. The construction of these newsletters month after month has helped me “stay connected” to members of the church, allowed me learn about the people I am working for, and has also allowed me an outlet to redirect my focus and energy during all the school lockdowns and endless days of online learning; this newsletter gave and continues to gives me a challenging.

Thank you once again to **all** who have continually made submissions, and to all of its readers who have sent me emails and left voicemails expressing your delight in the newsletter. Keep those submissions coming.

October 2020
Newsletter
Volume 1, Issue 1

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Our Reopening

We welcomed people back for an in-church service on Sunday October 11th, Thanksgiving Sunday.

We had 33 people attend. We were able to accommodate 15 seated in the sanctuary, 2 on stage, 5 in the choir loft, and 11 in the upper hall. Many thanks to Don Coleman for his hard work in broadcasting the service into the hall. There were certainly glitches, which have now been resolved.

All our covid-19 protocols were adhered to; many thanks to everyone!

Going forward, our next service will be held on **Sunday October 25th at 10am** (see below for further details).

It was felt by the reopening committee that we could resume weekly in-church services as of October 25th.

It is still requested that you call or email to reserve your seat. Our numbers are still strictly controlled at this point, so seats are limited. Please call the church office if you are interested in attending.

Anniversary Service

Our anniversary service is to be held **Sunday October 25th** at 10am. It will include a celebration of the completion of the ramp construction and dedication of the new pew cushions. Barb Tall is to be our guest speaker.

Unlike every other celebration, we will not have refreshments following the service.

Thou Art My Sister

By Linda Brown

And indeed former St. Paul's parishioners Louise Alton and Inez Dartt, are really two sisters of eight siblings, born into the Hoare family in Manganese Mines Nova Scotia. What comes to mind when you think of Maritime Canadian families? You would be right if you said music. Louise and Inez grew up in a farm home surrounded by instruments – voice, guitar, fiddle, mandolin, piano and a banjo! When both sisters moved on to Ontario to establish careers and marry Ontarians, first Inez and then Louise became members of St. Paul's United church.

Not content to raise 7 children between them, they became very involved with their church community. Louise recalls the classes being so numerous at St. Paul's, that the whole downstairs was used, the kitchen and the upper room as well. "They made a lot of noise" she laughed. Both women taught Sunday School and Inez became Superintendent for a time.



Since their seven children didn't keep them busy enough, both sang in the choir. One Christmas Inez remembers, she played piano accordion with her daughter Joyce on flute for a St. Paul's service. Inez also played organ for a spell under Choir director Carolyn Brown. The sisters very much enjoyed working together with the Trinity Choir to produce beautiful concerts for the larger community. Since the Amalgamation, and now as they worship at Trinity United, they both feel some bond with the choir folk they met working on the shared concerts.

Other contributions from Louise along the way included a period on session, and some years as treasurer of St. Paul's. Inez meanwhile worked on the Search Committee looking for a new minister there and also helped out with the Tuesday \$5 luncheons served to the local community.

The women have fond memories of Christmas pageants organized by Marni Pedersen. "She did them so well for so many years," said Inez. And Louise recalls the car rallies initiated by Rev. Earl Taft, where they had to count the number of slats in a white picket fence, or write the house number of a farm with a rooster strutting around. Both lit up talking about the fundraiser - chicken BBQ's held on the street at the side of the church.

At a Trinity Victorian Tea run by Noreen Peters, Inez dressed up and wore her fascinator and said to her son-in-law, "you have to wear a suit" (which he did)!

Why after so many great years at St. Paul's and now with Covid-19, a greater distance to travel each Sunday and the relative newness of the Trinity congregation to them (only a few years since Amalgamation) are these two sisters sitting in a Trinity pew Sunday after Sunday?

Louise offered "Though we are still getting to know Trinity people, we enjoy the sense of community. And we like the music. Stan plays so well."

Both Inez and Louise appreciate Rev. Catherine's Something To Ponder each Sunday.

Initially they felt a bit like strangers, but are feeling better now. It's the privilege of those of us who have been at Trinity a little longer, to continue to be as inclusive as we can, to wrap ALL our sisters and brothers formerly of St. Paul's with our cloak of love as one body in Christ.

Pumpkin Pie Crisp

Ingredients:

Pumpkin Filling:

- 1 (15oz) can of pumpkin puree
- 1 cup white sugar
- 3 large eggs
- 2 tsp pumpkin pie spice
- 1/2 tsp salt
- 2 tsp pure vanilla extract
- 2/3 cup heavy cream

Cinnamon Streusel

- 2 cups all purpose flour
- 1 1/2 cups white sugar
- 2 tsp cinnamon
- 1/2 tsp salt
- 12 tbsp butter, melted

Topping

- Vanilla ice cream



Directions:

1. Preheat oven to 375F. Butter a medium casserole dish Set aside.
2. In a large bowl, whisk together pumpkin, sugar, eggs, pumpkin pie spice, salt and vanilla. Whisk in heavy cream until smooth. Pour into prepared dish and set aside.
3. In a medium bowl, whisk together flour, sugar, cinnamon, and salt. Add melted butter and stir with a fork until crumbly.
4. Spread cinnamon streusel topping on top of pumpkin pie mixture in an even layer.
5. Bake until the filling is set and the top is golden brown, approx. 40-45 minutes.
6. Let cool for 10 minutes, then serve warm topped with the vanilla ice cream.



Bible Study for October

(Continued from page 2)

The power that holds all things in existence from the tiny sparrow to the farthest star is more than anything else, a loving power. We are loved, even in our lostness.

The choice is a free one – both for the early church and for us. God's grace is ours for the taking. Will we accept the total freedom and the abundant life that Jesus provides? Thanks be to God.



Broadview Magazine

(Formerly the United Church Observer) This magazine is not only our United Church of Canada information, but also part of a partnership, it informs us of secular issues of importance to our country and around the world. One current subscriber, Marg Smith says “The magazine is contemporary and comprehensive.” Jane Adamson likes that it sometimes features people “whose voices might not otherwise be heard.” If you wish to join our current list of Trinity subscribers, please **contact Linda Brown (613-374-9990) before the end of October** to begin receiving your copy. As Trinity Group subscribers, we pay only \$25 per year for our subscription. A real bargain, when there aren't many bargains out there anymore!

